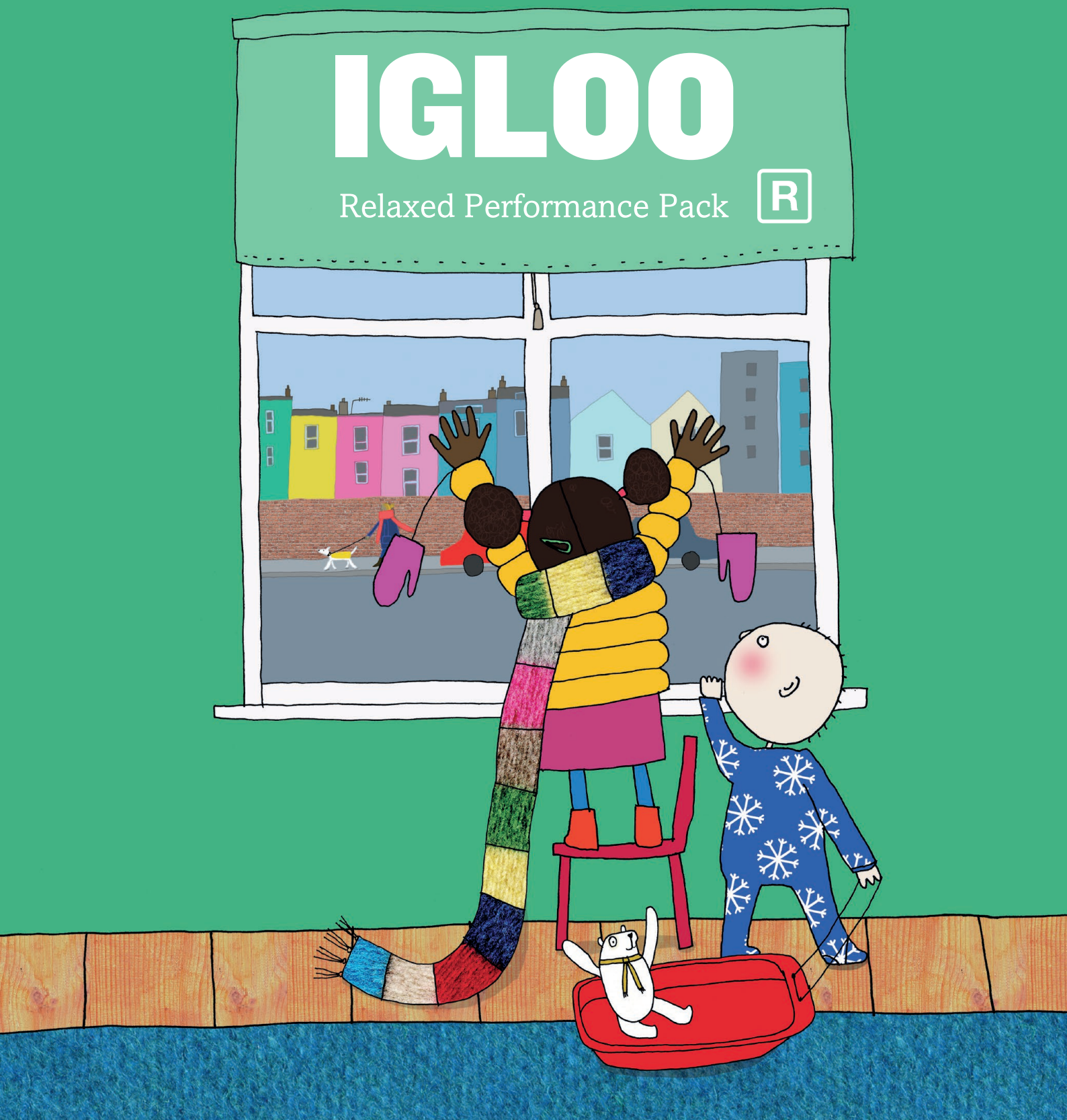
BRISTOL OLD VIC

Travelling Light THEATRE COMPANY

IGLOO

Relaxed Performance Pack R



INFORMATION FOR CARERS

INTRODUCTION

Travelling Light and Bristol Old Vic are very excited to welcome you to our Relaxed Performance of *Igloo*.

During our Relaxed performance days we welcome a more relaxed approach inside the performance space and in the front of house areas to allow everyone to enjoy the show in their own way, whether that include people's needs to move in and out of Coopers' Loft, make involuntary noise, or take a bit more time to adjust to their surroundings.

We've gathered some information in this pack about access, the performance space and the story of *Igloo* which you might find helpful to look at before seeing the show. We hope you enjoy *Igloo*.

ACCESS, PARKING & BUGGIES

Bristol Old Vic is located on King Street, a **5-minute walk** (0.2 miles) **from the City Centre Harbourside.**

The entrance to Bristol Old Vic is fully accessible and has step-free access. Inside the Foyer there is a lift which goes up to Level 4, to Coopers' Loft, and to the accessible toilets which are located on Levels -1, 0 and 1.

Please let us know of any access requirements you have by emailing **access@bristololdvic.org.uk** and we'll do our best to meet them so you have the most enjoyable Bristol Old Vic experience.

Bristol Old Vic does not have dedicated parking. However, there are good parking facilities in the surrounding area including, the NCP on Queen Charlotte Street (150 metres) and Trenchard Street car park, a 5 minute walk (0.2 miles) across the city centre. Meter parking is also available on King Street and Queen Square. Blue badge holder parking is also available on King Street. Please note King Street is a cobbled street. There are dropped kerbs outside of Bristol Old Vic on King Street.

For more information on parking visit Bristol City Council parking services here: bristol.gov.uk/parking. For information about public transport links, bike racks, etc visit the **Getting Here** page of our website here: bristololdvic.org.uk/your-visit/getting-here.

> **Please note:** We have limited space for buggies so if possible please leave these at home. Buggies will be stored on the ground floor, by the box office. Please note this area is not locked so please keep all valuable items with you.

ADDITIONAL INFORMATION

We don't sound alarms in performance spaces at Bristol Old Vic. So if there is one (which we hope there won't be) it will only sound in the Foyer and Theatre horseshoe areas.

INFORMATION FOR EVERYONE

SHOW NOTES

- *Igloo* is 30 minutes long, with a five minute preshow to allow everyone time to settle.

- *Igloo* is a play set in the round. That means everyone sits in a big circle, and the actors perform in the middle. You can sit on the floor, on one of your grown up's laps or on one of our benches.

- There's no right or wrong way to watch *Igloo*, we want you to enjoy it! That means you can move around or make a noise. We do ask everyone to stay out of the middle of the performance space, so that everyone can be safe during the show. You will be invited to explore the performance area in a special moment nearer the end of the show.

- There are no words in *Igloo*, which means the performers communicate through facial expressions, movement and noises. It is absolutely ok if you want to make some noise and move around too.

- If at any time you would like to take a break you can take a step away from the performance area or leave the theatre and come back when whenever you're ready. An usher will be there to help you.

- The Ushers are there to help you. If you need to leave during the show an Usher will ensure you are ok. They can also show you where the toilets are. Ushers are good people to go to if you feel worried about anything in the show. You can speak to them before, during or after the performance.

QUIETER SPACES

- We have dedicated several spaces across our building for you if you need to take some time out of the performance. Simply ask an Usher to help you get where you'd like to be.

- There is some space immediately outside of Coopers' Loft where you can take a breather if you need to. You may still be able to hear the performance or other people here.

- There are a number of other **Breathing Spaces** in and around the Foyer and Bar areas, including outside of Coopers' Hall on Level 1, the Pit Kiosk Seating Area on Level -1 and the Weston Studio waiting area also on Level -1. These are not completely quiet areas, but are out of the way of most people in the Foyer. There may still be some noise from the public areas and other people may also be in these spaces.

- There is a **dedicated Quiet Room,** away from noise and people, with somewhere to sit and fully take time out in The Foyle Room on Level 1.

- There will be signs in all these spaces designating them as Quieter Spaces. All Relaxed Performance signs will have a smiley face on them to match the smiley face badges our Relaxed Performance-trained staff will be wearing so look out for them.

- See **page 9** of this guide for more on Quieter Spaces.

WHO WILL YOU SEE AT BRISTOL OLD VIC?



USHERS

These are the ushers. You can recognise them from their black uniform. They are here to help. Our staff that are Relaxed Performance-trained also wear smiley face badges.



ROSIE

This is Rosie. She sits to the side of the performance area and makes all the lights and sounds in the show happen.

THE PERFORMERS



MEGAN

This is Megan. She plays Ira, who is Sadie's sister.



MADELINE

This is Madeline. She plays Sadie, who is Ira's sister

GETTING HERE

We are really looking forward to welcoming you to Bristol Old Vic on the day of the production. Bristol Old Vic is on King Street. From the Queen Charlotte Street end, King Street looks like this.



You will be able to see Bristol Old Vic on King Street, from the outside our building looks like this.

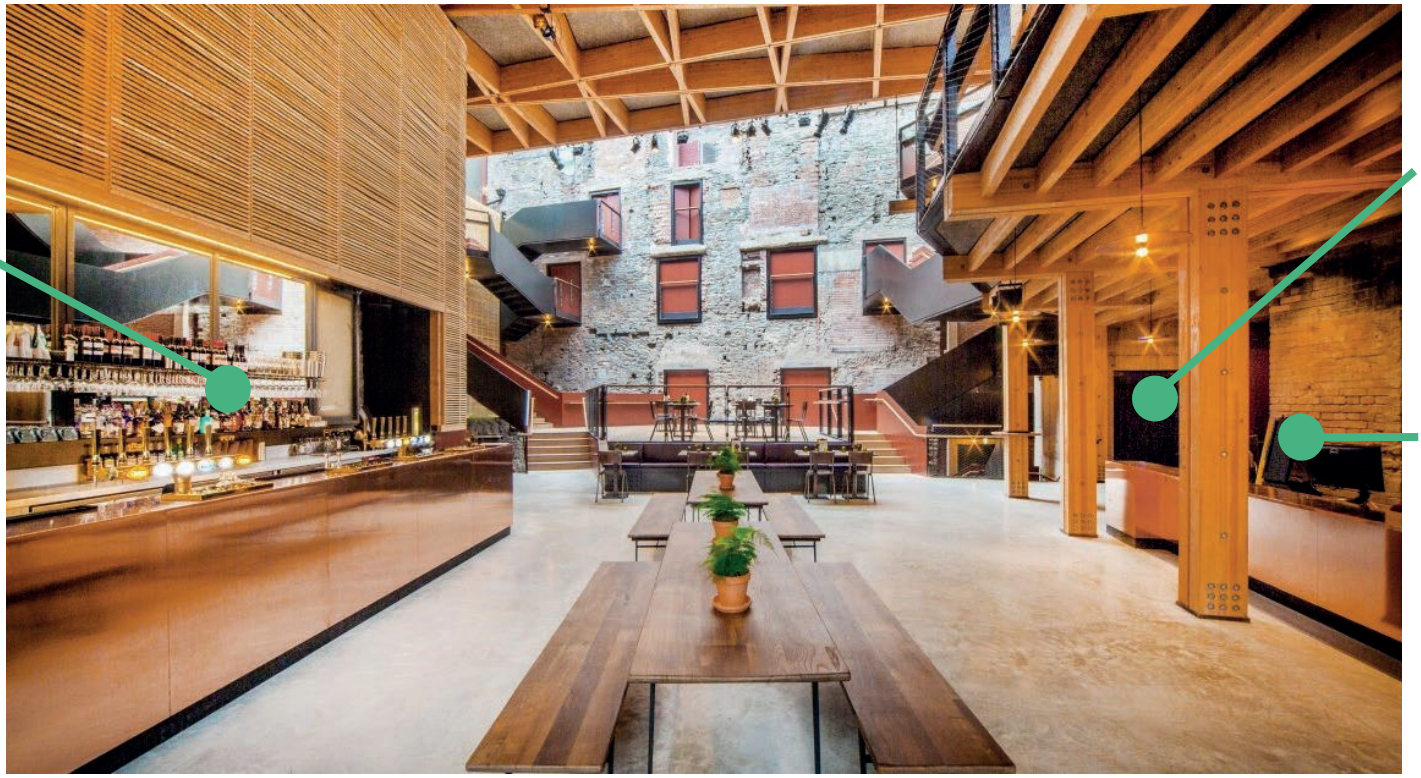


GETTING HERE

This is our **main entrance.** We have automatic doors here that open by pressing a button (pictured). Access is step-free, and the main entrance will take you into our Foyer.



The Foyer will be open before the performance. There is a bar where you can order hot or cold drinks and food, there are also lots of places to sit down.



When you enter you will find **1766, our bar (1)** in front of you and the **Box Office (2)** to your right. **The Lift (3)** is on the far right, near Box Office, as is the buggy park. The lift will take you to Coopers' Loft where the performance will take place.

GETTING HERE

You can collect or buy your tickets from our Box Office team at the desk.
If you have to bring your buggy you can park it here, in **the buggy park** next to Box Office.

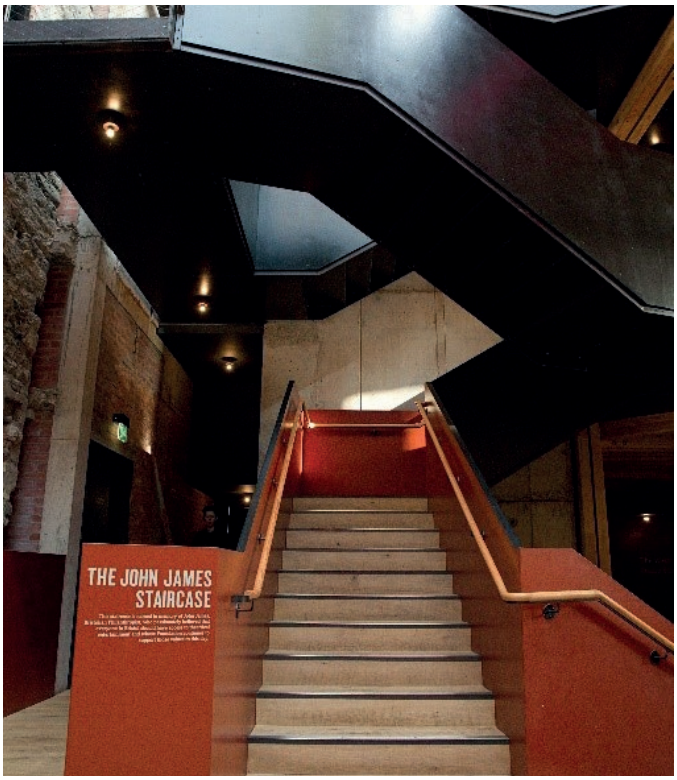


You can follow signs that look like this to get to the toilets. There are **accessible toilets on Levels -1, 0 and 1**.



GETTING HERE

The performance will take place in **Coopers' Loft on Level 4**. You can access the space either by going up the staircase (66 steps) or by going up in the lift.





Everyone will be asked to wait outside Coopers' Loft until the doors open. You will hear announcements in the foyer when the loft is open. Coopers' Loft will only open 5 minutes before the show so **if you need earlier entry please ask an usher**.

You will then be welcomed into the space by the Bristol Old Vic team, you might notice the performers Madeline and Megan are in the middle of the performance space, fast asleep.

Now you can choose where to sit in our circle of stools and benches. You can also sit on the floor or on one of your grown-ups' laps.



QUIETER SPACES

As **page 3** of this guide says, we have several Breathing Spaces designated throughout the building. Some are pictured here.



This is **the area immediately outside Coopers' Loft**. You can use this space if you need to step out of the performance for a brief period.



This is **the area outside of Coopers' Hall on Level 1**. This is near accessible toilets, and is slightly further away from the performance.



This is **The Foyle Room**, our designated **Quiet Room**. This is situated on **Coopers' Balcony on Level 1**. This room allows you complete quiet with no noise from the performance or Foyer and Bar areas.

ABOUT THE IGLOO PERFORMANCE

Igloo is a show about waiting for it to snow. We'll go through the story with you now, so you know what to expect in the space.

OUR SYMBOLS

To show when certain types of activity will take place on stage, we'll use some symbols next to the pictures of what will happen in the show.



FAST-PACED ACTION

There are moments when the performers dance or move quickly around the space and the action onstage can be fast-paced. When this happens, we use this symbol.



LOUD NOISES

There are moments where the audience might make loud noises like clapping. When this might happen, we use this symbol.



SADNESS OR FRUSTRATION

There are moments when the characters get a bit cross, sad or frustrated. They never shout, but their faces and moments show how they feel. When this happens, we use this symbol.



HOLDING OR TOUCHING THINGS

There are moments where the performers will offer audience members items from the stage to hold or touch. We hope you'll enjoy touching these things, like our colourful, soft rugs or feeling our big woolly scarf wrapped around you, but it's also fine to say no. The performers will not give you anything you would rather not touch. They might leave it next to you, so you can touch it later. When this happens, we use this symbol.

THE STORY OF IGLOO

At the start of the show you will see a lot of round colourful rugs spread about the space, and in the middle there are two performers, asleep on a sparkly gold cushion. Their names are Sadie and Ira. They are sisters.



On one side of the circle you will see a window.
You will also hear soft music playing.
While everyone is coming in. Sadie and Ira will start to wake up. They will slowly stretch and roll about the space, singing quietly.
The lights will get a little bit darker and Sadie and Ira wake up fully



Sadie and Ira will look for their hats amongst the rugs and put them on. They are getting ready to go outside so that they can build an Igloo.
When they find their long scarves Ira and Sadie discover a fun game: swinging and swirling the scarves around. This is all quite **FAST PACED.**



Eventually they get tired of playing with the scarves and put them on too. Then Ira can't find her gloves, so Sadie helps her look for them. They find them.
Together they bounce from rug to rug, until they look out the window



The music stops and the lights change. The two sisters realise that it isn't snowing, so they can't build an Igloo! This makes Ira and Sadie F**RUSTRATED AND CROSS**.



So Ira goes to sit with a thump on the gold cushion on her own. She is having a sulk.



Sadie wants to cheer Ira up, so she tries pretending that it's snowing. That doesn't work, so Ira puts on her mittens and pretends to be a penguin to entertain Ira. Ira doesn't want to join in. Penguin Sadie tries to sit on the gold cushion with Ira, but Ira won't let her so she goes to play on her own.



Penguin Sadie begins collecting all the lovely rugs and putting them in a big pile. She is building a penguin nest.



Ira becomes jealous of the nest, and snatches Sadie's penguin mittens away. This makes Sadie **CROSS**. Then Ira jumps on Sadie's nest until it falls to bits. This makes Sadie really **SAD AND CROSS**.



Ira feels guilty and tries to cheer Sadie up but it doesn't work.
Eventually Ira builds a special new seat for Sadie, using the rugs and the gold cushion. She offers Sadie one of the rugs, asking if she will help her to build it.



Sadie feels better and starts to help build the special seat. When it is ready they jump on it together, put their hats back on and sing a song. This is **FAST PACED**.



Sadie and Ira decide to offer each other a rug as a gift. Then they remember the audience is here, so they want to give rugs to you too.



Sadie and Ira will move around the space giving children and adults in the audience rugs which you can **HOLD** or sit on or stroke or not touch at all. It's up to you.



When they have given away all the rugs they notice the window and look for their mittens and scarves, so they can put them on and go outside. Sadie's scarf is sticking out of the gold cushion, so she pulls it out. It's really long! Much longer than it was before.

Sadie and Ira hold the scarf and walk it above everyone in the audience's heads. You can reach up and **TOUCH** it if you like.



Then Sadie and Ira start to wrap the long scarf around the audience. When it runs out, they tie Ira's scarf to the long scarf and carry on wrapping it around the audience. When it runs out again they don't know what to do.

Then they see Rosie, who is behind the lighting desk, wearing a woolly scarf. Rosie lets them borrow it, so the sisters can wrap the whole audience up in a scarf.

A light appears on the ground and the sisters run to rump into it. Then another light appears and they jump onto that one too. This happens again and again until the only place they can jump is on the gold cushion. This is **FAST PACED.**



The sisters hold hands and do a big jump onto the cushion and as they land lots of glittery confetti and ribbons fall from the sky. You might be able to **TOUCH** some of the confetti as it falls down. This is **FAST PACED**, and might come as a surprise

Sometimes people clap this moment because it makes them happy. This might be **LOUD**.



Sadie and Ira play in the ribbons and confetti for a little bit.



Then they hand out ribbons for the audience to hold or play with. If they hand you a ribbon you can hold it or shake it or watch it make little wavy patterns on the floor.



Sadie and Ira throw some of the confetti in the air. They are happy because they have made their own special sort of Igloo with you. This is the end of the show. If they enjoyed it, the audience will clap their hands, this can be quite **LOUD**.

You will then be invited to help pick up the golden confetti and put it in one of the special baskets.



This will go on for a few minutes, and then everyone will go home.

